

SYLVAIN GRENIER.com



"My post-workout phenomenon."



PVL

VEXTRAGO

High Molecular Weight Carbohydrate Mix!
Super plasma swelling for maximum muscle expansion
Hyper-Induced Glycogen & Nutrient loading
Electrolytically Optimized
Orange

2 kg/4.4 lbs

Supplement Facts

Serving Size 2 scoops (75g)
Servings Per Container About 27

Amount per serving	% Daily Value
Calories	280 Cal
Calories from Fat	4
Total Fat.....	0.5 g2 %
Saturated	0 g2 %
+ Trans Fat.....	0 g0 %
Cholesterol	0 mg0 %
Carbohydrate	69 g 23 %
Sugars.....	0.5 g
Protein.....	0.5 g
Sodium.....	280 mg 12 %
Potassium	100 mg3 %
Calcium	140 mg 13 %
Magnesium.....	60 mg 24 %
Phosphorus	65 mg6 %
Vitamin B3.....	20 mg 95 %
Vitamin B6.....	2.1 mg 120 %
Vitamin B12	3 mcg 150 %
Vitamin C	50 mg 80 %

Ingredients:

VEXTRAGO™ Brand High Molecular Weight Carbohydrate (Mw 1,000,000 – 1,200,000+ From waxy Barley & Maize starches), citric acid, sodium citrate< natural orange flavor, tricalcium phosphate, potassium citrate, beta carotene, magnesium oxide, acesulfame-potassium, ascorbic acid, sucralose, niacinamide (vitamin B3), Pyridoxine HCL (Vitamin B6), cyanocobalamin (Vitamin B12)

Allergy Information: This product contains ingredient from barley and corn. Our quality-controlled plant also handles ingredients from egg, peanuts, corn, wheat, nuts, milk, soy and seeds – this product may contain traces of these ingredients.

Packed by weight, not by volume. Settling of powder occurs after packaging. Keep out of direct sunlight and store in a cool, dark place. Tamper evident outer seal – Do not use if broken or removed.

THE ULTIMATE
CARBOHYDRATE ENERGY DRINK™

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- **MASSIVELY faster uptake!**
- **QUICKER glycogen replenishment!**
- **NO stomach upset! NO aspartame!**
- **BETTER than maltodextrin or dextrose!**
- **FORTIFIED with B-Vitamins & Mineral Electrolytes!**

VEXTRAGO™ is the ultimate carbo powder, newly advanced with a higher molecular weight and vastly superior osmolality than yesterday's carbo drinks. **VEXTRAGO™** is a proprietary blend of carbohydrates from specially cultivated, non GMO starches with unique properties, specially formulated for elite athletes.

High molecular weight carbs like **VEXTRAGO™** pass through the gut intact, for increasing glycogen uptake and blood volume, and accomplish this 70-80% faster than other more common carbs such as sugar, dextrose or maltodextrin. **VEXTRAGO™** is a sugar free and is easy on the stomach, as it does not divert water out of the working muscle and into the gut (sugar does). **VEXTRAGO™** gives you MAXIMUM carbo loading & energy, with electrolyte and energizing B vitamins, efficiently, sugar-free and 70-80% faster!

Carbo loading

Short term activity (eg; football match): Drink 1 serving 1 day before competition and 1 serving the morning of the competition along with your normal food intake.

Long term Activity (marathon, cycling for 2 hours or more): 3 days before your event, drink 1 serving of **VEXTRAGO™** in between meals, 2-3 times a day. Eat normally – no overeating is required.

During Exercise

Short time activity: drink 1 serving in 800 ml of water during your workout.

Long term Activity: drink 1 serving per 800-1000 ml of water every 60-90 minutes.

As a general Sports Drink : drink 1 serving in 800 ml of water over the course of your exercise or training session.

Post Workout Recovery

All activity : drink 1 serving in 600-800 ml of water after exercise.

Preparation: **VEXTRAGO™** consists of easy digesting, long chain carbohydrates that have very unique water dispersion properties, different from other carbo powders. Follow these mixing instructions for making a 600 to 1000 ml drink :

1. Fill about 1/6th of your bottle or shaker cup with 200 ml with water
2. Add 1 serving (75 g) of **VEXTRAGO™**
3. Shake vigorously for 20-30 seconds.
4. Add the remaining water (400 to 800 ml depending on the size of drink you are making).
5. Shake again for another 20-30 seconds.
6. Enjoy !

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent disease.

MADE WITH PVL FLAVOUR TECHNOLOGY